

What I Did in School

Date: _____

red
blue
orange
green
brown
purple
yellow

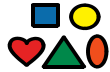
Today I worked  on



letter
work jobs



number
puzzles



shapes
puzzles



writing



art



cooking/
science



social
skills



exercise/
trampoline

colors



fine
motor

Today I did/went to:



music



library



P.E.



a field trip



assembly

listened to a story/reading

Today I ate: _____ and _____ for breakfast

_____ for snack _____, and _____ for lunch.

I had a



good day



bad day





okay day

I need _____




Comments: _____

Before School Checklist

I got _____ hours of sleep last night.  Comment: _____

I  ate /  did not eat breakfast. (circle one)

Things at home that are different _____

Today I am  happy  upset  tired

Comments: _____

